





### **HEY THERE!**

## WELCOME

Guadalupe County has diligently crafted a comprehensive benefits package aimed at empowering your well-being and ensuring your financial security throughout the 2024 benefit year.

Each year, Guadalupe County strives to offer comprehensive benefit plans to our employees. In this benefit guide you will learn more about the benefits offered for the 2024 plan year and how to use them to your benefit. Throughout this guide you will find interactive QR codes that will take you deeper into your employee benefit plan documents and give you quick access to needed claims forms. To access, scan with a camera on your personal device, cell phone, or by clicking, if viewing electronically.

THIS YEAR, OPEN ENROLLMENT WILL RUN FROM SEPTEMBER 25, 2023 - SEPTEMBER 29, 2023. THE BENEFITS YOU ELECT DURING THIS PERIOD WILL BE EFFECTIVE JANUARY 1, 2024 - DECEMBER 31, 2024. PLEASE REVIEW YOUR OPEN ENROLLMENT MATERIALS THOROUGHLY BEFORE MAKING YOUR ELECTIONS.

### 3 WAYS TO ENROLL

\*All new enrollees MUST enroll by phone\*



#### Online

To Enroll online via self-serve please visit:

aflac.benselect.com

\*If you self-enroll, all selections are final. There will be no exceptions made for misunderstanding of benefits or for not completing your benefits elections properly.



#### In-Person

To Enroll In-Person with a benefits counselor, please click or scan the QR code below.





#### **Phone**

You may enroll with a dedicated benefits counselor at

855-202-2701

Counselors are available

Monday -Friday 8:00am - 5:00pm Hablamos Español

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#### Need more information?

Please visit your employee benefits hub by scanning or clicking the QR code to access:

- Plan Documents
- Claims Forms

## HOWTO



Register for the portal by logging on to: aflac.benselect.com/enroll

Username: Your SSN Password: The last 4 digits of your SSN and the last 2 Digits of your birth year

Follow the prompts to complete the registration process. Please review the personal demographic data and update as needed. Then click 'NEXT' to advance through each screen.

Next you will be asked to enter dependent/beneficiary information. To add a dependent please click the '+' and enter the dependent's information. To edit an existing dependent, please click the pencil icon on the right side of the dependent. After making changes, please click 'SAVE' on the bottom of the page. Once you are finished with this section, click 'NEXT'.

Once you are at the medical screen, verify your medical plan election or waive the coverage. When you click 'NEXT', you will advance to any coverage that you have not previously enrolled

If you would like to make changes to existing coverage, you may click on the individual coverage options listed under "My Benefits" menu at the top of the screen.

Once you select the coverage you would like to change, click on 'UNLOCK' to access the options. Once you make a decision, please click 'NEXT' to go to the review page.

Once on the "Sign and Submit" page, you will be able to review your elections. If you need to make changes, please click on the link for that coverage. You will then unlock, make your changes and click 'NEXT'. This returns you to the "Sign and Submit" page. If everything is correct, please click 'NEXT'.

On the "Confirmation" page, enter your PIN/Password used to login. This will finalize your enrollment. You can print the confirmation form, save it as a downloadable PDF, and/or email a confirmation summary to the email address on file.

## ELIGIBILITY

The group insurance coverage described in this guidebook is available to all full-time employees who work a minimum of 30 or more hours per week. The coverage effective date will begin on the 1st day of the month following 60 days of employment. All benefit elections must be made within 2 weeks from your date of hire. The insurance plan year is from January 1st - December 31st of each year. Once your enrollment window has closed, you may not make any changes

to your elections unless it's Open Enrollment or you experience a Qualified Life Event (QLE).



#### **Dependent Eligibility**

If you apply for coverage for yourself, you may also elect coverage for any of your eligible dependents. Eligible Dependents include one or more of the following:

- Spouses, Common Law Spouses, & Domestic Partners
- A child through the age of 26
- A child is defined as your natural child, legally adopted child, stepchild, and any child for whom you are the court appointed guardian
- A child of any age who is medically certified as disabled and dependent on the parent for support and maintenance

#### **Documentation**

If you are going to add a dependent to your insurance for the <u>first time</u>, you will need to provide proof of your dependent's relation to you. <u>Documentation must be submitted</u> <u>within the enrollment window</u>. This can be in the form of:

- Marriage Certificate
- Birth Certificate/Verification of Birth Facts (only valid until birth certificate is issued)
- Court Order
- Adoption Certificate/Placement Agreement
- Marriage Certificate + Birth Certificate needed for Stepchildren

Submit documentation to: HR@co.guadalupe.tx.us



## QUALIFIED LIFE EVENT

Generally, benefit changes are limited to Open Enrollment.

There are some exceptions to this. If you have a Qualifying Life Event (QLE), then you will be able to make changes to your benefits within 30 days of the event.

- Benefit elections must be consistent with the event
- You can only make changes to the specific plans where dependents will be effected
- Benefits and new rates become effective the date of the event for birth, adoptions, marriage, divorce, and death; or the day after benefits end, when the event is loss of coverage
- The event date must be consistent with the information in the Supporting Documentation
- If adding or removing a dependent, you will need to complete a BlueCross BlueShield form and send it to HR

Qualifying Event	Supporting Documentation	Dependent Documentation
Marriage	Marriage Certificate	Birth Certificates are required if adding spouse's children
Death	Death Certificate	No additional documentation required
Divorce	Certified copy of Divorce Decree	Birth Certificates are required if adding children not currently enrolled in benefits
Adoption	<ul><li>Placement for Adoption documentation</li><li>Legal documentation of Adoption</li></ul>	No additional documentation required
Birth	<ul><li>Birth Certificate</li><li>Verification of Birth Facts issued by hospital</li></ul>	No additional documentation required
Loss or Gain of Coverage	Proof of enrollment or termination of benefit coverage. Proof must contain effective or termination dates of coverage, type of coverage (Medical, dental, vision, etc.) and the names of dependents effected.	<ul> <li>Adding Spouse - Marriage License</li> <li>Adding Children - Birth Certificate</li> </ul>
Loss or Gain of Medicare or Medicaid	Proof of enrollment in benefit coverage. Proof must contain effective or termination dates of coverage, type of coverage (medical, dental, vision, etc.), and the names of the dependents effected.	<ul> <li>Adding Spouse - Marriage License</li> <li>Adding Children - Birth Certificate</li> </ul>

## **KEY TERMS**

#### **DEDUCTIBLE**

The amount you pay for covered health services before your insurance plan starts to pay. For example, with a \$2,000 deductible, you pay the first \$2,000 of covered services yourself. After you pay your deductible, you usually pay only a co-payment or co-insurance for covered services. Your insurance company will pay the rest.

#### COINSURANCE

The percentage of costs of a covered health care service you pay after you've paid your deductible.

#### **COPAYMENTS**

Sometimes called "copays", are the set amount you pay for a covered service at the time your receive it. The amount can vary based on the type of service.

## OUT-OF-POCKET MAXIMUM/LIMIT

The most you have to pay for covered services in a plan year. After you spend this amount on deductibles, copayments, and coinsurance for innetwork care and services, your health plan pays 100% of the costs for covered benefits.

This does not include your monthly premiums, any uncovered services, out-of-network care and services, or costs above the allowable amount for a service that a provider may charge.

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#### WHAT DOES IT ALL MEAN? HERE'S AN EXAMPLE:

Let's say you have a family on the medical plan, you need treatment for a serious condition, and the following amounts apply to your plan:

Medical bills: \$10,000 Deductible: \$3,000 Coinsurance: 20%

Out-of-Pocket Maximum: \$6,000

You will pay the first \$3,000 (your deductible)

You will pay 20% of the remaining \$7,000 or \$1,400 (your coinsurance amount)

Your total out-of-pocket costs will be \$4,400

If your total out-of-pocket costs reach \$6,000, you would only pay that amount, including your deductible and coinsurance. The insurance company would then pay 100% of all covered services for the rest of the plan year.

Note: In this example you would need \$18,000 in medical bills to reach your out-of-pocket maximum

## KNOW WHERE TO GO



#### **VIRTUAL VISITS**

Board certified doctors available to diagnose treat, and write prescriptions anywhere you are

Cold and Flu | Allergies | Sore Throats | Stomach Aches | UTIs | Pink Eye

#### **DOCTOR'S VISITS**

Best option for preventative care, on going maintenance medications, or if you need a referral for a specialist

Immunizations | Injury | Preventative Care | General Health



#### **URGENT CARE**

For non-life threatening illness after norma business hours or when your regular doctor is unavailable and you need care quickly

High Fever | Injury | Sudden Illness | Cuts Needing Stitches

#### **EMERGENCY ROOM**

Go to the emergency room for immediate treatment of serious injury or illness. If a situation feels life-threatening, call 911

Chest Pain | Serious Injury | Fever with Rash | Concussion



### **BLUECROSS BLUESHIELD**

## MEDICAL



Benefits	In-Network Out-of-Network		
Calendar Year Deductible			
Individual/Family	\$1,000 / \$3,000	\$3,000 / \$9,000	
Coinsurance	20%	Varies	
Out of Pocket Maximum (Maximum includ	es deductible and copays)		
Individual/Family	\$3,000 / \$6,000	\$6,000 / \$18,000	
Office Visits			
Preventative Care Services	No Charge	30% after deductible	
Primary Care Physician Copay	\$25	30% after deductible	
Specialist Copay	\$40	30% after deductible	
MDLIVE (Telemedicine)	\$20	N/A	
Chiropractic Care	20% after deductible	40% after deductible	
Diagnostic Procedures			
Lab & X-Ray, Allergy Injections	100% covered after copay	30% after deductible	
CT Scan   MRI   PET Scan	20% after deductible	40% after deductible	
Colonoscopy	100% covered 30% after deductible		
Emergency Medical Care			
Urgent Care	\$25 40% after deductible		
Emergency Room	\$200 + 20% after deductible 40% after deductible		
Hospital Care			
Inpatient Care	20% after deductible	40% after deductible	
Outpatient Care	20% after deductible	40% after deductible	
Mental Health, Behavioral Health, & Subst	ance Abuse Services		
Inpatient (Facility)	20%	40%	
Inpatient (Physician)	20% after deductible	40% after deductible	
Outpatient (Services and Testing)	20% after deductible 40% after deductible		
Outpatient (Physician)	\$25 30% after deductible		
Semi-Monthly Rates			
Employee	\$0.00		
Employee + Spouse	\$154.00		
Employee + Child(ren)	\$113.00		
Family	\$195.00		

### **NAVITUS**

## PRESCRIPTIONS



Your prescription benefits are included in your medical plan. Navitus makes it easy to fill your prescriptions with a large retail network of pharmacies around the United States. Choose a participating retail pharmacy close to your home or work.

If you are taking maintenance medication for longer than 30 days, consider using the mail order pharmacy or retail pharmacy locations to get your medications in 90 days supplies. It's convenient and saves money.

30 Day Supply			
Generic	Lesser of \$10 copay or actual cost		
Preferred Brand	\$30		
Non-Preferred Brand	\$50		
90 Day Supply			
Generic	\$20		
Preferred Brand	\$60		
Non-Preferred Brand	\$100		



Members election to purchase brand name drugs when a lower cost generic is available and "Dispense as Written" (DAW) is not indicated will be required to pay the difference between the cost of the generic drug and the brand name drug, plus the higher tier copayments.

Specialty medications are available only through mail order unless purchased and administered through the doctor's office.



1-866-333-2757

Open 24 hours a day, 7 days a week.

Or visit us online at: www.mybenefits.county.org







### SAVING MONEY with mail order service

#### WHY USE OUR MAIL SERVICE?

With Navitus' mail order pharmacy service through Costco, you save both money and time spent picking up your medicine. By filling your prescriptions through mail order, you may receive a 3-month supply of medication for the out-of-pocket costs of 2 months.\* You do not have to be a member of Costco to use the mail order service.

\* Please refer to your plan description for more details.

Drug	Supply	Copay Amount	Out of Pocket Costs per Year
Glipizide	30 days	\$5.00	\$60.00
Glipizide	90 days	\$10.00	\$40.00

With this example, total cost savings is \$20.00 a year!



#### **NAVITUS CUSTOMER CARE**

1-866-333-2757

Open 24 hours a day, 7 days a week.

Or visit us online at: www.mybenefits.county.org



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<sup>\*</sup>drug costs are for example only







## FIX PAIN FAST!

### **HEALTH PLAN BENEFIT**

For all employees and dependents on the health plan offered by

Texas Association of Counties

AIRROSTI VISITS ARE A \$25 COPAY\*

35 VISITS ALLOWED
PER YEAR

\* not subject to annual deductible except on HSA plans

Airrosti providers are experts at diagnosing and rapidly resolving the source of your injury.

Each patient receives one full hour of assessment, diagnosis, treatment, and education designed to eliminate the pain associated with many common conditions, allowing you to quickly and safely return to activity - usually within 3 visits (based on patient-reported outcomes).



### **Schedule Your Appointment Today!**



3.2 visits average to complete injury resolution\*

\*Based on patient reported outcomes



REDUCTION
IN SURGICAL
OCCURRENCE RATE



43%
REDUCTION
IN TOTAL
COST OF CARE

(800) 404-6050 | AIRROSTI.COM

# FLEX SPENDING ACCOUNT

### **HEALTHCARE FLEX SPENDING ACCOUNT (FSA)**

Minimum Contribution: \$120 Maximum Contribution: \$3,050

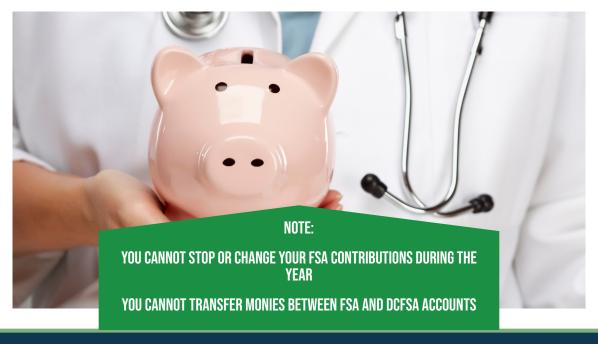
Minimum Rollover: \$100 (with active enrollment) Maximum Rollover: \$610

An FSA is a great way to pay for medical expenses with pre-tax dollars. You will be able to enjoy significant tax savings with pre-tax contributions and tax-free reimbursements for qualified plan expenses. Now, \$610 of your unused funds can be carried over into the next plan year. This gives you more flexibility to spend your FSA money when you need it.

#### DEPENDENT CARE FLEX SPENDING ACCOUNT (DCFSA)

Maximum Contribution: \$5,000 No Rollover

In addition to the healthcare FSA, you may opt to participate in the Dependent Care FSA. Set aside pre-tax funds into a DCFSA for expenses associated with caring for elderly or child dependents. THE DEPENDENT CARE FSA IS NOT FOR MEDICAL EXPENSES FOR YOUR DEPENDENTS. Unlike the healthcare FSA, reimbursement from your DCFSA is limited to the total amount that is currently deposited in your account. You can set aside up to \$5,000 to pay for child or elder care expenses.



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### **COMPARISON**

## FSA vs DCFSA

	FSA	DCFSA
Overview	An account that allows benefits eligible employees to pay for eligible health expenses tax free. Works well for planned medical expenses.	An account that allows benefits eligible employees to get reimbursed for eligible childcare expenses tax free. THE DEPENDENT CARE FSA IS NOT FOR MEDICAL EXPENSES FOR YOUR DEPENDENTS.
Vendor	СРІ	СРІ
Eligibility	No specific plan required	No specific plan required
Who may contribute?	Employee pre-tax deductions via payroll deductions.	Employee pre-tax deductions via payroll deductions.
Employer Contribution?	No	No
Maximum annual contribution limit?	\$3,050	\$5,000
Is there a "catch up" contribution provision?	No	No
Eligible expenses?	Medical, Dental, Vision, & Prescription For a full list, see IRS 213(d) at <u>IRS.</u> g <u>ov.</u>	Dependent Care provided while you work or are looking for work For full list see IRS 503 at <u>IRS.gov.</u>
Is proof of eligible expenses required?	Yes, documentation must be submitted to CPI.	Yes, to receive reimbursement, you must submit documentation to CPI.
Is re-enrollment required each year?	Yes	Yes
Can you make mid-year contribution changes?	No, unless there is a qualifying life event.	No, unless there is a qualifying life event.
Rollover of unused fund to next year?	Yes \$610 are eligible to rollover	No
Portable after leaving Guadalupe County?	No	No



## **WELLNESS PROGRAM**



Wellness communication is distributed via county email and bulletin boards. If you do not have county email and would like to receive information or have a suggestion on a program you would like to see, please contact human resources: **830-303-8862** or HR@co.guadalupe.tx.us.

Check out all of the programs the county has to offer at:

https://www.county.org/health-benefits/healthy-county-program

### Healthy County/WebMD One www.county.org/webmdone

Use this platform for well-being solutions, engagement services, and program success solutions.



#### **Gym Membership Reimbursement**

Guadalupe County will pay you \$150 each year if you meet the requirement of 125 visits within 11 months (October 1 - August 31)

#### Lunch n' Learns

We offer 30-45 minute presentations on a variety of topics such as cooking demos, stress management, pain management, essential oils, gardening, financial management, and cyber security.



#### **Wondr Health**

The Wondr Health program has the secret to lasting weight loss and it doesn't include starving, counting calories or eating diet food. This simple, 10 week online program helps you change how you eat instead of what you eat. Healthy County is now offering you the chance to learn how to eat to reduce your chances of getting a serious disease, like diabetes or heart disease, and increase your chance at living a longer, healthier life. Click on the link for more information: https://tinyurl.com/wondrhealth

## BCBS Well on Target www.bcbstx.com

If you set up a Well on Target profile, you earn life points for signing up, going to the gym, wearing a tracking device, and completing a health assessment. With these points you can shop with retailers online.







When you need to talk, we're here...

#### What services are covered under the EAP?

- The EAP offers a 24 hour, 7 day a week help line staffed by licensed practitioners. The EAP help line number is (830)379-1010 or (800) 246-1010.
- The EAP offers individual, marital, and family counseling.
- Crisis intervention services, including immediate on-site group or individual sessions.
- Supervisor/manager training.

### What kinds of problems are addressed by the EAP?

Some of the problems addressed in the counseling setting include: Depression, grief, anxiety, marital problems, behavioral problems, stress management, parenting, domestic violence, substance abuse, anger management, and crisis intervention.

#### Are the EAP services confidential?

EAP sessions are completely confidential. Employers only receive utilization data (e.g., number of employees using services, gender). The only exceptions include information pertaining to suicidal or homicidal behavior and child or elder abuse and neglect, which our counselors are obligated by law to report. Supervisor generated referrals require the employee's consent for release of information.

#### How do I schedule a session?

To schedule a session, simply call (830)379-1010 or (800)246-1010 and a counselor will assist you in scheduling an appointment. There is no insurance paperwork to complete and no fee charged to the employee.

### How do I know if I should call my EAP for help with a problem?

If you are thinking of calling, then call. Putting off or neglecting to address a problem, no matter how small, may only make that problem more difficult to resolve. No problem is too small.

#### Do I only get six sessions per year?

No, the EAP benefit allows employees and dependents six sessions per problem per year. For example, if an employee attends six sessions to address work related issues and later encounters a problem with stress that results in depression, the employee or dependents can return to address this second and separate issue.

#### Are all of the counselors qualified?

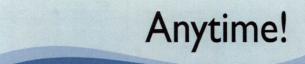
Yes, each counselor on the EAP network is licensed by the State of Texas and possesses a Master's or Doctoral Degree.

### What if I am not comfortable with my counselor and would like a different counselor?

Simply call (830)379-1010 or (800)246-1010 and request a different counselor. Everyone is unique and preferences and comfort levels differ from person to person. The goal of the EAP is to provide you the help you need and we will do whatever is necessary to provide you with a therapist that you are comfortable with.

### What happens if my problems can't be resolved in six sessions?

The EAP director and your counselor will determine what is needed. Typically, long-term treatment is transferred to the employee's insurance plan.



Your EAP is here for you. Call: 830.379.1010 • 800.246.1010



## ACCIDENT



Accidents happen. You can't always prevent them, but you can take steps to reduce their financial impact. Health Insurance helps with the medical expenses, but accident coverage is an additional layer of protection that can help you pay for your deductible, copays, and even day to day expenses such as mortgage or car payments. Whether you are injured on or off the job, benefits under this plan are payable to you, to use as you wish.

Treatments Following an Injury*		Benefit Amount	
Initial Physician Office Visit	once per accident	\$75	
Follow up visit	up to 6 visits	\$50	
Ambulance - Air	once per accident	\$900	
Ambulance - Ground	once per accident	\$300	
Blood   Plasma   Platelets	once per accident	\$400	
Hospital Admission	once per accident	\$1,000	
Daily Hospital Confinement	up to 365 days	\$200	
Daily ICU Confinement	up to 30 days	\$200	
Emergency Room	once per accident	\$150	
Urgent Care	once per accident	\$150	
X-Ray   CT Scan   MRI	once per accident	\$150	
Surgery	once per accident	up to \$750	
Physical Therapy	up to 10 visits \$25		
Burns	once per accident up to \$18,000		
Concussion	once per accident \$350		
Dislocations & Fractures	once per accident	up to \$6,000	
Laceration	once per accident up to \$600		
Coma	once per accident \$10,000		
Residence/Vehicle Modification	once per accident	\$1,000	
Accidental Death & Dismemberment	once per accident	up to \$100,000	
Wellness Benefit	once per year per insured \$100		
Features			
Organized Athletic Activity Rider		Included	
Semi-Monthly Rates			
Employee	\$5.81		
Employee + Spouse	\$10.16		
Employee + Child(ren)	\$14.25		
Family	\$18.61		

\*This list is a summary. Refer to plan documents for a comprehensive list of covered benefits.

### **AFLAC**

## CRITICAL ILLNESS

Coverage Information       Benefit Amount         Employee Coverage       \$10,000   \$20,000   \$30,000         Child(ren) Coverage       50% of the face amount elected by employee no additional charge         Spouse Coverage       50% of the face amount elected by employee         Covered Illnesses*       Benefit Amount         Vascular Conditions         Heart Attack, Sudden Cardiac Arrest       100%         Coronary Artery Bypass Surgery       25%         Neurological Conditions         Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)       100%         Advanced Parkinson's Disease, Advanced Alzheimer's Disease       25%         Cancer Conditions       100%         Internal or Invasive Cancer       100%         Non-Invasive Cancer, Metastatic Cancer       25%         Skin Cancer       \$1,000 per calendar year         Other Specified Conditions         Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis       100%         Specified Disease         Addison's Disease, Covid-19, Malaria, Sickle Cell Anemia, Systemic Lupus,       100%		
Child(ren) Coverage 50% of the face amount elected by employee no additional charge 50wose Coverage 50% of the face amount elected by employee Covered Illnesses* Benefit Amount Vascular Conditions  Heart Attack, Sudden Cardiac Arrest 100% 25% Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS) 25% 25% 25% 25% 26% 26% 26% 26% 26% 26% 26% 26% 26% 26	Coverage Information	Benefit Amount
Spouse Coverage  Covered Illnesses* Benefit Amount  Vascular Conditions  Heart Attack, Sudden Cardiac Arrest Coronary Artery Bypass Surgery  Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)  Advanced Parkinson's Disease, Advanced Alzheimer's Disease Cancer Conditions  Internal or Invasive Cancer, Metastatic Cancer  Skin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Employee Coverage	\$10,000   \$20,000   \$30,000
Covered Illnesses*  Vascular Conditions  Heart Attack, Sudden Cardiac Arrest  Coronary Artery Bypass Surgery  Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)  Advanced Parkinson's Disease, Advanced Alzheimer's Disease  Cancer Conditions  Internal or Invasive Cancer  Internal or Invasive Cancer  Non-Invasive Cancer, Metastatic Cancer  Skin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Child(ren) Coverage	, , ,
Vascular Conditions  Heart Attack, Sudden Cardiac Arrest  Coronary Artery Bypass Surgery  25%  Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)  Advanced Parkinson's Disease, Advanced Alzheimer's Disease  Cancer Conditions  Internal or Invasive Cancer  Non-Invasive Cancer, Metastatic Cancer  Skin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Spouse Coverage	50% of the face amount elected by employee
Heart Attack, Sudden Cardiac Arrest  Coronary Artery Bypass Surgery  25%  Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)  Advanced Parkinson's Disease, Advanced Alzheimer's Disease  Cancer Conditions  Internal or Invasive Cancer  Non-Invasive Cancer, Metastatic Cancer  Skin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Covered Illnesses*	Benefit Amount
Coronary Artery Bypass Surgery  Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)  Advanced Parkinson's Disease, Advanced Alzheimer's Disease  Cancer Conditions  Internal or Invasive Cancer  Internal or Invasive Cancer  Skin Cancer  Skin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Vascular Conditions	
Neurological Conditions  Stroke, Coma, Amyotrophic Lateral Sclerosis (ALS), Sustained Multiple Sclerosis (MS)  Advanced Parkinson's Disease, Advanced Alzheimer's Disease  Cancer Conditions  Internal or Invasive Cancer  Internal or Invasive Cancer, Metastatic Cancer  Skin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Heart Attack, Sudden Cardiac Arrest	100%
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sis (MS) Advanced Parkinson's Disease, Advanced Alzheimer's Disease  Cancer Conditions Internal or Invasive Cancer Internal or Invasive Cancer, Metastatic Cancer Skin Cancer Skin Cancer Stin Cancer	Neurological Conditions	
Cancer Conditions  Internal or Invasive Cancer  Non-Invasive Cancer, Metastatic Cancer  Skin Cancer  Stin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease		100%
Internal or Invasive Cancer  Non-Invasive Cancer, Metastatic Cancer  Skin Cancer  Stin Cancer  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Advanced Parkinson's Disease, Advanced Alzheimer's Disease	25%
Non-Invasive Cancer, Metastatic Cancer  Skin Cancer  \$1,000 per calendar year  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Cancer Conditions	
Skin Cancer \$1,000 per calendar year  Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Internal or Invasive Cancer	100%
Other Specified Conditions  Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Non-Invasive Cancer, Metastatic Cancer	25%
Major Organ Transplant, Bone Marrow Transplant, Kidney Failure (End-Stage Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Skin Cancer	\$1,000 per calendar year
Renal Failure), Loss of Hearing, Sight, or Speech, Paralysis  Specified Disease	Other Specified Conditions	
·		100%
Addison's Disease, Covid-19, Malaria, Sickle Cell Anemia, Systemic Lupus,	Specified Disease	
Tuberculosis, Rabies, Encephalitis, Lyme Disease, Muscular Dystrophy, Cerebrospinal Meningitis	Tuberculosis, Rabies, Encephalitis, Lyme Disease, Muscular Dystrophy, Cere-	up to 40%
Wellness Benefit \$100	Wellness Benefit	\$100

\*This is a summary of benefits. See plan documents for full coverage information.

Employee/Dependent Child(ren) Semi-Monthly Rates			Spo Semi-Mon	use thly Rates			
Age	\$10,000	\$20,000	\$30,000	Age	\$5,000	\$10,000	\$15,000
18-29	\$3.09	\$6.18	\$9.27	18-29	\$1.55	\$3.09	\$4.64
30-39	\$5.25	\$10.51	\$15.76	30-39	\$2.63	\$5.25	\$7.88
40-49	\$9.23	\$18.45	\$27.67	40-49	\$4.61	\$9.23	\$13.84
50-59	\$15.24	\$30.48	\$45.71	50-59	\$7.62	\$15.24	\$22.86
60+	\$26.34	\$52.67	\$79.01	60+	\$13.17	\$26.34	\$39.51

### **AFLAC**

## CANCER



Did you know that in the United States, 1 in 2 men and 1 in 3 women will be diagnosed with cancer in their lifetime? The diagnosis of cancer can be devastating. You do not need to add financial worry to what is already a very difficult time. Cancer coverage from Aflac offers you the financial protection that you need to focus on what is most important -- your care.

Coverage Information	Benefit Amount			
Employee Coverage		\$10,000   \$20,000   \$30,000		
Child(ren) Coverage	50% of t	the face amount elected by the el no additional cost	mployee	
Spouse Coverage	50% of t	the face amount elected by the e	mployee	
Covered Illnesses		Benefit Amount		
Cancer (Internal or Invasive)		100%		
Non-Invasive Cancer		25%		
Skin Cancer		\$1,000 per calendar year		
Metatstatic Cancer		25%		
Employee/Dependent Ch	ild(ren) Semi-Monthly Rate	25		
Age	\$10,000			
18-29	\$0.92	\$1.84	\$2.76	
30-39	\$1.95	\$1.95 \$3.89		
40-49	\$4.43	\$8.85	\$13.28	
50-59	\$8.12	\$16.24	\$24.36	
60+	\$15.48	\$30.95	\$46.43	
Spouse Semi-Monthly Rate	S			
Age	\$5,000 \$10,000 \$15,000		\$15,000	
18-29	\$0.46 \$0.92		\$1.38	
30-39	\$0.97 \$1.95 \$2.92		\$2.92	
40-49	\$2.22 \$4.43 \$6.64		\$6.64	
50-59	\$4.06 \$8.12 \$12.18			
60+	\$7.74 \$15.48 \$23.21			

For more information about Cancer causes and treatments, go to <u>Cancer.org</u>.

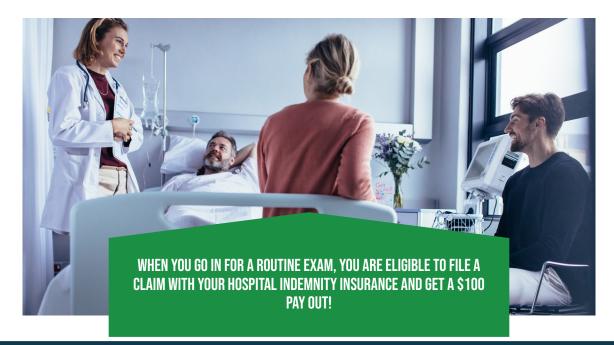
### **AFLAC**

## HOSPITAL INDEMNITY

Hospital Indemnity coverage through Aflac pays you cash benefits if you are admitted to the Hospital or an Intensive Care Unit (ICU) for a covered stay. You can use the benefits to help pay for your medical expenses such as deductible and copays, travel costs, food and lodging, or everyday expenses such as groceries and utilities.



Coverage Information		Benefit Amount	
Hospital Admission	once per covered sickness or \$1,000 accident per calendar year		
Hospital Confinement	up to 30 days per covered sickness or accident	\$100	
Hospital Intensive Care	up to 30 days per covered \$100		
Intermediate Intensive Care Step-Down Unit	up to 30 days per \$50 covered sickness or accident		
Health Screening Benefit	once per insured per calendar year \$100		
Semi-Monthly Rates			
Employee	\$8.55		
Employee + Spouse	\$17.31		
Employee + Child(ren)	\$13.65		
Family	\$22.41		



### **BLUECROSS BLUESHIELD**

## DENTAL



Regular dental visits can do more than keep your smile attractive, they can tell dentists a lot about your overall health, including whether you may be developing a disease like diabetes. Guadalupe County has provided you with dental insurance through BlueCross BlueShield to provide you and your dependents with access to an excellent network of dental providers and the freedom to choose whether you would like to visit a participating dentist or an out-of-network provider. There are considerable cost savings when choosing an in-network provider.

Summary of Benefits	In-Network
Calendar Year Deductible	
Individual	\$50
Family	\$150
Calendar Year Maximum	
Per Person	\$2,000
Covered Services	
Preventative Services	100%
Basic Services	80%*
Major Services	50%*
Orthodontia**	50%
Orthodontia Lifetime Maximum	\$2,000
Semi-Monthly Rates	
Employee	\$12.00
Employee + Spouse	\$31.25
Employee + Child(ren)	\$31.75
Family	\$39.75

Child(ren)'s eligibility for coverage is from birth to age 26

<sup>\*\*</sup>Available to BOTH insured adults and dependent children



It's important to stay in-network. While you can see outof-network providers:

- Your out-of-network costs may be greater because Non-Contracting Dentists have not entered into a contract with BlueCross BlueShield to accept any Allowable Amount determination as payment in full for eligible dental expenses.
- You are required to file claims forms.
- You are balanced billed for costs exceeding the BlueCross BlueShield Allowable

<sup>\*</sup>After deductible

### **AVESIS**

## VISION



Getting your eyes checked regularly is important even if you don't wear glasses or contacts. Eye disorders like glaucoma and cataracts happen even in people with 20/20 vision. Guadalupe County provides quality vision care for you and your family through Avesis

Summary of Benefits	In-Network	Out-of-Network Reimbursement	
Exams			
Comprehensive Exam	\$10 Copay	up to \$35	
Contact Lens Fitting (Standard)	up to \$50	N/A	
Contact Lens Fitting (Custom)	up to \$75	N/A	
Corrective Lenses			
Single Vision	\$10 Copay	up to \$25	
Bifocal	\$10 Copay	up to \$40	
Trifocal	\$10 Copay	up to \$50	
Lenticular	\$10 Copay	up to \$80	
Polycarbonate (Single Multi), Scratch Resistance Coating, UV Screening, Solid or Gradient Tint, Anti-Reflective Coating	Covered in Full Covered in Full		
Frames			
Frames Allowance	\$150 allowance + 20% off remaining balance	up to \$50	
Contact Lenses			
Elective	\$150 allowance up to \$110		
Medically Necessary	Covered in Full	up to \$250	
Benefit Frequency*			
Exams	1 per 12	? months	
Corrective Lenses	1 per 12 months		
Frames	1 per 12 months		
Contact Lenses	1 per 12 months		
Semi-Monthly Rates			
Employee	\$5.53		
Employee + Spouse	\$10.66		
Employee + Child(ren)	\$11.64		
Family	\$15.05		

<sup>\*</sup>Either lenses or contacts allowed per frequency

Plan pays out differently at discount vendors such as Costco, Walmart, Sams Club, etc.

## **BLUECROSS BLUESHIELD | DEARBORN**

## LIFE INSURANCE



Guadalupe County provides you with Basic Life and Accidental Death and Dismemberment (AD&D) Insurance as part of your basic coverage through Blue Cross BlueShield|Dearborn, which guarantees that your spouse or other designated survivor(s) receive death benefits. You automatically receive Basic Life and AD&D even if you waive other coverage.

You may wish to enroll in additional life insurance coverage for peace of mind. You may purchase additional Supplemental Life Insurance through BlueCross BlueShield. Premiums are paid through post-tax payroll deductions.

Basic Life and Accidental Death and Dismemberment							
BlueCross BlueShield	Coverage Amount	overage Amount Who Pays		Maximum Benefit			
Benefit-Eligible Employees	\$20,000	Basic Life and AD&D are provided as part of your basic coverage	If you die, lose a limb, or suffer paralysis in a covered accident	\$20,000			
	Supplemental Life Insurance						
BlueCross BlueShield	Coverage Amount	Who Pays	Benefits Payable	Maximum Benefit			
Benefit-Eligible Employees	Increments of \$10,000 Guaranteed Issue Amount of \$250,000		If you die, lose a limb, or suffer paralysis in a covered accident. This benefit is in addition to the Basic Life benefit	Lesser of \$500,000 or 6x annual earning			
Benefit-Eligible Spouses	Increments of \$5,000 Guaranteed Issue amount \$50,000	Supplemental Life, Supplemental Spouse Life, and Supplemental Child Life are available to you on a voluntary	In the event your spouse dies, loses a limb, or suffers paralysis in a covered accident	\$250,000 not to exceed 50% of the employee benefit			
Benefit-Eligible Child(ren) Birth to 14 days	\$250	basis. You pay the cost on a post-tax basis	In the quent your child	\$250			
Benefit-Eligible Child(ren) 15 Days to 6 Months	\$350		In the event your child dies, loses a limb, or suffers paralysis in a	\$350			
Benefit-Eligible Child(ren) 6 months to age 26	510.000		covered accident	\$10,000			

### **DID YOU KNOW?**



#### **WEALTH MANAGEMENT**

Life claim proceeds in excess of \$5,000 will automatically be deposited into a Wealth Management Account. This is an interest earning account with convenient access to your claim proceeds via debit card or check.



#### EVIDENCE OF INSURABILITY

If you do not enroll during your initial enrollment period or sign up for an amount greater than your initial elected amount, you will be subject to medical questions and MUST complete and submit required form within two weeks.



#### ONLINE SERVICES

You have access to online will preparation and online funeral planning services. You will also have access to grief consultations, financial and legal assistance, and referral to community resources are included.

### **BLUECROSS BLUESHIELD**

## DISABILITY



Did you know that 1 in 4 workers will miss up to 3 months of work due to illness, injury, or pregnancy during their career? You and your loved ones depend on your regular income. That's why Guadalupe County offers disability coverage to protect you financially in the event you cannot work as a result of a debilitating injury. A portion of your income is protected until you can return to work or reach social security normal retirement age. Cost of coverage is individual and calculated based on age and income.



### SHORT TERM DISABILITY

**Employer Paid** 

Guadalupe County provides employees with Short Term Disability (STD) benefits to assist employees. You automatically receive this benefit even if you waive other coverages. This insurance replaces 60% of your income if you become partially or totally disabled for a short time. See your plan documents or the Human Resources Department for details.

Weekly Maximum Benefit up to:	\$1,500
Weekly Minimum Benefit	\$25
Elimination Period	14 Days
Maximum Benefit Period	11 Weeks

### LONG TERM DISABILITY

Long Term Disability (LTD) benefits are available for you to enroll in. This insurance replaces 60% of your income if you become partially or totally disabled for an extended time. See your plan documents or the Human Resources Department for details.

Monthly Maximum Benefit up to:	\$6,000
Monthly Minimum Benefit	\$100 or 10%
Elimination Period	90 days
Maximum Benefit Period	Payments will last for as long as you are disabled or until you reach your Social Security Normal Retirement Age, whichever is sooner



### **TCDRS**

## RETIREMENT PLANNING



TCDRS Retirement Seminar Guadalupe County

PLAN YEAR 2024

#### How your plan works

- ★ 7% is deposited into your account and earns 7% compound interest annually.
- Benefit your employer provides is based on your final account balance and employer matching. Current employer matching is 200%.
- ★ You receive a lifetime monthly benefit when you become eligible and choose to retire.

#### Naming a beneficiary

- You can designate/update beneficiaries by signing in to www.TCDRS.org.
- ★ If no beneficiary on file, we will pay benefit to spouse (if married) or estate.
- A Will has no effect on how we pay out your TCDRS benefit.

#### **Survivor Benefit**

- ★ With four or more years of TCDRS service, your beneficiary is eligible for the Survivor Benefit should you pass away before retirement.
- ★ Your beneficiary has two payment options:
  - Lifetime monthly benefit (employer matching included)
  - Withdrawal of account balance (no employer matching, tax penalty)
- ★ You can remove the withdrawal option for your beneficiary.

#### **Leaving employment**

- ★ Option I: Keep money with TCDRS
  Account continues to earn 7% interest each year.
- Option 2: Rollover
   Avoid paying tax penalties. Lose employer matching and lifetime benefit.
- ★ Option 3: Withdraw Significant tax consequences and possible penalty. Lose employer matching and lifetime benefit.

#### **Vesting: 8 years of service**

- Once vested, you have a right to a lifetime monthly benefit that will include employer matching when you reach retirement eligibility.
- Even if you leave your job, you can choose to get a lifetime monthly benefit when you become eligible to retire as long as you haven't taken your money out of your account.

#### Retirement eligibility

Age		Service
Age 60	and	8 Years
Age	plus	Years* = 75
Any Age	and	20 Years

<sup>\*</sup> Must be vested

#### Other ways to earn service time

- ★ Multiple TCDRS accounts
- ★ Proportionate Retirement Program
  - ERS (State of Texas)
  - JRS (Courts)
  - TRS (Schools)
  - TMRS (Select Cities)
  - COA (City of Austin)
- \* Military or USERRA

#### **TCDRS Virtual Services!**

- ★ Try online counseling and receive personalized estimates and review benefit payment options.
- \* Attend a webinar to learn about retirement planning at each career stage.
- ★ See the full calendar of webinars, and link to schedule an online counseling appointment.
- https://www.TCDRS.org/library/webinars-tailored-tomembers/ or scan the QR Code below:



TCDRS ★ 800-823-7782 ★ Fax (512) 328-8887 ★ Hours: M – F, 7:30 a.m. – 6:00 p.m. ★ memberservices@tcdrs.org
Barton Oaks Plaza IV, Ste. 500 ★ 901 S. MoPac Expy. ★ Austin, TX 78746 ★ www.TCDRS.org

### **TCDRS**

## RETIREMENT PLANNING

#### **Benefit payment options**

- ★ 7 options to choose from at retirement
- All options provide a lifetime monthly benefit to the retiree
- ★ Difference in monthly amounts reflects possible payments to a beneficiary
- Consider if someone will be dependent on your retirement income

#### Single Life

- Highest monthly amount; all payments stop when retiree passes away
- \* Select multiple beneficiaries, change if needed

#### **Guaranteed Term**

- ★ Select 10-Year or 15-Year Guaranteed Term
- \* Retiree receives lifetime monthly benefit
- ★ Term begins on retirement date
- ★ If retiree passes away before the end of the term, beneficiary receives benefit for remainder of term
- \* Select multiple beneficiaries, change if needed

#### **Dual Life**

- ★ Select 50%, 75% or 100% of payment amount to continue for beneficiary's lifetime
- ★ Variation: 100% with pop-up option
  - If beneficiary passes away before retiree, the monthly payment amount "pops up" to the Single Life monthly payment amount.
- ★ Only select one beneficiary, no changes

#### Partial lump-sum payment

- ★ Optional lump-sum payment up to 100% of your deposits and interest
- ★ Reduces your monthly benefit payments
- Significant tax consequences: 20% federal withholding and a possible 10% early withdrawal penalty

#### **Applying for retirement**

#### \* Selecting a date

- Retirement effective last day of any month
- Interest applied monthly

#### \* Receiving payment

- Direct deposit last business day of following month
- Subject to income taxes

#### **★ Specify federal withholding**

- Follow IRS tax tables
- No income taxes withheld
- \* Forms available at <a href="www.TCDRS.org">www.TCDRS.org</a> or call TCDRS Member Services for a packet.

#### Rules against return to work

- ★ Apply to returning to work for same employer
- \* No prior agreement to be rehired
- ★ One calendar month break in service
- ★ Non-compliance results in suspension of benefit plus repayment
- ★ State and federal law requires signatures upon retiring certifying awareness and compliance

#### Register online at www.TCDRS.org

- ★ Estimate your retirement benefit
- ★ Update your beneficiaries and contact information
- ★ Track your progress on the road to retirement

Notes			

TCDRS ★ 800-823-7782 ★ Fax (512) 328-8887 ★ Hours: M – F, 7:30 a.m. – 6:00 p.m. ★ <u>memberservices@tcdrs.org</u>

Barton Oaks Plaza IV, Ste. 500 ★ 901 S. MoPac Expy. ★ Austin, TX 78746 ★ <u>www.TCDRS.org</u>

### **COREBRIDGE FINANCIAL**

## RETIREMENT PLANNING





## 457(b) Deferred Compensation Plan

An opportunity to take advantage of **tax-deferred** income for your retirement

The tax advantages, plus plan features and benefits, make a 457(b) Deferred Compensation Plan with Corebridge Financial an ideal way to help accumulate funds for your retirement. And Corebridge brings you the knowledge, investment options and personal services to help keep things simple.

#### Tax-deferred accumulation

Current federal income taxes on all contributions, interest and earnings in your 457(b) DCP are deferred until withdrawal, usually at retirement. Tax-deferred earnings, coupled with the power of compounding, may provide greater growth than might be possible with current taxable savings methods. Remember that income taxes are payable when you withdraw money from your account.

#### **Pretax contributions**

You contribute by convenient payroll reduction before federal income tax withholding is calculated. This helps reduce your current taxable income so you can save more for retirement with money that otherwise would have gone toward income taxes. In addition, your salary deferral contributions made to the plan are not subject to the 10% federal early withdrawal tax penalty.

#### Access to your savings

Generally, depending on your employer's plan, your account contributions can be distributed in any of the following events:

- Reached age 59½\*
- Severance from employment

- Your death
- Unforeseeable emergencies

In addition, distributions are not generally subject to the 10% federal early withdrawal tax penalty except on amounts rolled into the 457(b) plan from other non-457(b) eligible retirement plans.

#### **Investment flexibility**

We offer an array of innovative investment options from well-known investment managers. This provides the flexibility you might need to design a unique program tailored to your individual needs. Keep in mind that investment values will fluctuate so that your investments, when withdrawn, may be worth more or less than the original cost. Remember investing does involve risk, including the possible loss of principal. Your financial professional can assist you in choosing the options that will match your long-term goals.

Your salary deferral contributions made to the plan are not subject to the 10% federal early withdrawal tax penalty.

<sup>\*</sup> In-service distributions for money purchase pension, defined benefit and governmental 457(b) plans – the Miners Act reduces the minimum age for in-service distribution from pension plans (i.e., money purchase and defined benefit plans) from age 62 to age 59% and, for governmental 457(b) plans, from age 70½ to age 59½. The provision applies to plan years beginning after December 31, 2019, 401(a) money purchase, and 401(a) defined benefit and governmental 457(b) plans. An employer must make an election to apply this provision.

### **COREBRIDGE FINANCIAL**

## RETIREMENT PLANNING

457(b) Deferred Compensation Plan

#### 2023 contribution limits

- 100% of annual includible income up to \$22,500
- Up to \$22,500 as a catch-up contribution if you are within the last three taxable years ending in the year before normal retirement age under your plan and undercontributed in prior years
- \$7,500 as an age-based catch-up for those age 50 or older [governmental 457(b) plan participants only]



Scan with your mobile phone for up-to-date contribution limits.

#### Tax-free loans

Tax-free loans, which are available under some governmental 457(b) plans, enable you to borrow against a portion of your accumulated account value, subject to certain limitations, without permanently reducing your account balance. Remember that defaulted loan amounts (not repaid on time) will be taxed as ordinary income.

**IMPORTANT NOTE:** You cannot benefit from both catch-up contribution amounts, but you may select the option that gives you the higher amount. Nongovernmental 457(b) plan participants are not eligible for the age-based catch-up option.

corebridgefinancial.com/retirementservices 1.800.448.2542

#### We're here to help you take action

You can reach out directly to your financial professional.

#### Tommy Ortiz, MBA Financial Advisor

3737 Executive Center Drive, Suite 111, Austin, TX 78731 T (+1) 800.448.2542

C (+1) 210.557.2079 tommy.ortiz@corebridgefinancial.com| www.corebridgefinancial.com

Important considerations before deciding to move funds either into or out of a Corebridge retirement services account

There are many things to consider. For starters, you will want to carefully review and compare your existing account and the new account, including: fees and charges; guarantees and benefits; and, any limitations under either of the accounts. Also, you will want to know whether a surrender of your current account could result in charges. Your financial professional can help you review these and other important considerations.

Investors should carefully consider the investment objectives, risks, fees, charges and expenses before investing. Read the fund prospectuses carefully before investing. The fund prospectuses contain important information, which can be obtained from your financial professional, at corebridgefinancial.com/retirementservices or by calling 1.800.428.2542 and following the prompts.

This material is general in nature, was developed for educational use only, and is not intended to provide financial, legal, fiduciary, accounting or tax advice, nor is it intended to make any recommendations. Applicable laws and regulations are complex and subject to change. Please consult with your financial professional regarding your situation. For legal, accounting or tax advice consult the appropriate professional.

Annuities are issued by The Variable Annuity Life Insurance Company, Houston, TX. Variable annuities are distributed by AIG Capital Services, Inc., member FINRA.

Securities and investment advisory services offered through VALIC Financial Advisors, Inc., member FINRA, SIPC and an SEC-registered investment adviser.

 $VALIC\ Retirement\ Services\ Company\ provides\ retirement\ plan\ record keeping\ and\ related\ services\ and\ is\ the\ transfer\ agent\ for\ certain\ affiliated\ variable\ investment\ options.$ 

Corebridge Retirement Services, Corebridge Financial and Corebridge are marketing names used by these companies.





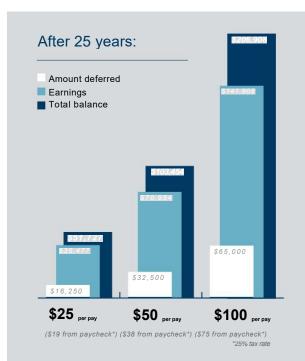
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### NATIONWIDE

## RETIREMENT PLANNING



#### Put the power of time to work.

This hypothetical illustration shows how much different deferral amounts per biweekly paycheck for 25 years could accumulate, given an 8% annual rate of return for an investor. The white sections show how much is actually contributed, the light blue shows how much could be earned on top of those deferrals in that 25-year period, and the dark blue shows the total balance after 25 years. This example is not a yield projection for any specific investment. If fees, taxes, and expenses were reflected, the return would be less.

Withdrawals are taxed as ordinary income.

Nationwide representatives cannot offer investment, tax or legal advice. You should consult your own counsel before making retirement plan decisions.

## Why you should consider enrolling in Deferred Compensation

By contributing a little each payday to the Deferred Compensation Plan, you can put the power of time to work toward building a potentially more comfortable retirement.

#### Plan participation is:

- Convenient Contributions are automatically deducted from your pay
- Easy for saving Contribute as little as \$25 per pay
- Flexible Make changes whenever you want (subject to federal regulation)
- Accessible Manage your account 24/7/365 at <a href="mailto:nrsforu.com">nrsforu.com</a>
- Low cost As a governmental program, the Plan has no profit incentive

Take control of your retirement income now. Enroll in your Deferred Compensation Plan today.

Investing involves market risk, including possible loss of principal. There is no guarantee that any investment strategy will generate a profit or avoid losses. Actual results will vary, depending on your investment and market experience.

NRM-7298M1.3 (03/17)

#### Let me help you get started.



Contact your Nationwide® Retirement Specialist: Janice Huey Wong 210-313-0436 wongj3@nationwide.com

Contact your Nationwide® Retirement Specialist: Retirement Resource Group 888-401-5272

Information provided by Retirement Specialists is for educational purposes only and not intended as investment advice. Nationwide Retirement Specialists and plan representatives are Registered Representatives of Nationwide Investment Services Corporation (NISC), member FINRA, Columbus, Ohio.

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### **MEDICARE PART D NOTICE**

Important Notice from Guadalupe County About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Guadalupe County and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. Guadalupe County has determined that the prescription drug coverage offered by Blue Cross Blue Shield of Texas are, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

#### What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your Guadalupe County coverage will not be affected. See below for more information about what happens to your current coverage if you join a Medicare drug plan.

Since the existing prescription drug coverage under Blue Cross Blue Shield of Texas is creditable (e.g., as good as Medicare coverage), you can retain your existing prescription drug coverage and choose not to enroll in a Part D plan; or you can enroll in a Part D plan as a supplement to, or in lieu of, your existing prescription drug coverage.

If you do decide to join a Medicare drug plan and drop your Guadalupe County prescription drug coverage, be aware that you and your dependents can only get this coverage back at open enrollment or if you experience an event that gives rise to a HIPAA Special Enrollment Right.

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Guadalupe County and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

#### For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact the department listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Guadalupe County changes. You also may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit <u>medicare.gov</u>
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at <u>socialsecurity.gov</u>, or call them at 800-772-1213 (TTY 800-325-0778).

REMEMBER: KEEP THIS CREDITABLE COVERAGE NOTICE. IF YOU DECIDE TO JOIN ONE OF THE MEDICARE DRUG PLANS, YOU MAY BE REQUIRED TO PROVIDE A COPY OF THIS NOTICE WHEN YOU JOIN TO SHOW WHETHER OR NOT YOU HAVE MAINTAINED CREDITABLE COVERAGE AND, THEREFORE, WHETHER OR NOT YOU ARE REQUIRED TO PAY A HIGHER PREMIUM (A PENALTY).

Date: 1/1/2024

Name of Entity/Sender: Guadalupe County Contact-Position/Office: Human Resources

Address: 211 W. Court, Ste. 150 Seguin, TX 78155

Phone Number: 830-303-8862

Important Notice from Guadalupe County About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Guadalupe County and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are three important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. Guadalupe County has determined that the prescription drug coverage offered by the Blue Cross Blue Shield of Texas HDHP Plan is, on average for all plan participants, NOT expected to pay out as much as standard Medicare prescription drug coverage pays. Therefore, your coverage is considered Non-Creditable Coverage. This is important because, most likely, you will get more help with your drug costs if you join a Medicare drug plan, than if you only have prescription drug coverage from the Blue Cross Blue Shield of Texas HDHP Plan. This also is important because it may mean that you may pay a higher premium (a penalty) if you do not join a Medicare drug plan when you first become eligible.
- 3. You can keep your current coverage from Blue Cross Blue Shield of Texas. However, because your coverage is non-creditable, you have decisions to make about Medicare prescription drug coverage that may affect how much you pay for that coverage, depending on if and when you join a drug plan. When you make your decision, you should compare your current coverage, including what drugs are covered, with the coverage and cost of the plans offering Medicare prescription drug coverage in your area. Read this notice carefully—it explains your options.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

Since the coverage under the Blue Cross Blue Shield of Texas HDHP Plan, is not creditable, depending on how long you go without creditable prescription drug coverage you may pay a penalty to join a Medicare drug plan. Starting with the end of the last month that you were first eligible to join a Medicare drug plan but didn't join, if you go 63 continuous days or longer without prescription drug coverage that's creditable, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan? If you decide to join a Medicare drug plan, your Guadalupe County coverage will not be affected. See below for more information about what happens to your current coverage if you join a Medicare drug plan.

If you do decide to join a Medicare drug plan and drop your Guadalupe County prescription drug coverage, be aware that you and your dependents can only get this coverage back at open enrollment or if you experience an event that gives rise to a HIPAA Special Enrollment Right.

#### For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact the person listed below for further information. NOTE: You'll get this notice each year. You will also get it if this coverage through Guadalupe County changes. You also may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans. For more information about Medicare prescription drug coverage:

- Visit <u>www.medicare.gov</u>
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Date: 1/1/2024

Name of Entity/Sender: Guadalupe County Contact-Position/Office: Human Resources

Address: 211 W. Court, Ste. 150 Seguin, TX 78155

Phone Number: 830-303-8862

### **WOMEN'S HEALTH AND CANCER RIGHTS ACT**

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, call your plan administrator 830-303-8862.

### **NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT**

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). If you would like more information on maternity benefits, call your plan administrator at 830-303-8862.

### **GENETIC INFORMATION NONDISCRIMINATION ACT OF 2008 (GINA)**

GINA prohibits employers and other entities covered by GINA from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request. "Genetic information" as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual or an individual or family member receiving assistive reproductive services. Please do no include any family medical history or any information related to genetic testing, genetic services, genetic counseling, or genetic diseases for which an individual may be at risk.

### HIPAA NOTICE OF SPECIAL ENROLLMENT RIGHTS

If you decline enrollment in Guadalupe County's health plan for you or your dependents (including your spouse) because of other health insurance or group health plan coverage, you or your dependents may be

able to enroll in Guadalupe County's health plan without waiting for the next open enrollment period if you:

- Lose other health insurance or group health plan coverage. You must request enrollment within 31 days after the loss of other coverage.
- Gain a new dependent as a result of marriage, birth, adoption, or placement for adoption. You must request health plan enrollment within 31 days after the marriage, birth, adoption, or placement for adoption.
- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible. You must request medical plan enrollment within 60 days after the loss of such coverage.

If you request a change due to a special enrollment event within the 31 day timeframe, coverage will be effective the date of birth, adoption or placement for adoption. For all other events, coverage will be effective the first of the month following your request for enrollment. In addition, you may enroll in Guadalupe County's health plan if you become eligible for a state premium assistance program under Medicaid or CHIP. You must request enrollment within 60 days after you gain eligibility for medical plan coverage. If you request this change, coverage will be effective the first of the month following your request for enrollment. Specific restrictions may apply, depending on federal and state law.

**Note:** If your dependent becomes eligible for a special enrollment right, you may add the dependent to your current coverage or change to another health plan.

### **AVAILABILITY OF PRIVACY PRACTICES NOTICE**

We maintain the HIPAA Notice of Privacy Practices for Guadalupe County describing how health information about you may be used and disclosed. You may obtain a copy of the Notice of Privacy Practices by contacting Human Resources.

## PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit <a href="https://www.healthcare.gov">www.healthcare.gov</a>.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or <a href="www.insurekidsnow.gov">www.insurekidsnow.gov</a> to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at <a href="https://www.askebsa.dol.gov">www.askebsa.dol.gov</a> or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2023. Contact your State for more information on eligibility—

#### ALABAMA - Medicaid

Website: http://myalhipp.com/ | Phone: 1-855-692-5447

#### ALASKA – Medicaid

The AK Health Insurance Premium Payment Program | Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a>

Phone: 1-866-251-4861 | Email: <u>CustomerService@MyAKHIPP.com</u>

Medicaid Eligibility: <a href="http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx">http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx</a>

#### **ARKANSAS - Medicaid**

Website: <a href="http://myarhipp.com/">http://myarhipp.com/</a> | Phone: 1-855-MyARHIPP (855-692-7447)

#### **CALIFORNIA - Medicaid**

Website: Health Insurance Premium Payment (HIPP) Program <a href="http://dhcs.ca.gov/hipp">http://dhcs.ca.gov/hipp</a>

Phone: 916-445-8322 | Fax: 916-440-5676 | Email: hipp@dhcs.ca.gov

### COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

Health First Colorado Website: <a href="https://www.healthfirstcolorado.com/">https://www.healthfirstcolorado.com/</a>

Health First Colorado Member Contact Center: 1-800-221-3943 | State Relay 711

CHP+: <a href="https://www.colorado.gov/pacific/hcpf/child-health-plan-plus">https://www.colorado.gov/pacific/hcpf/child-health-plan-plus</a>

CHP+ Customer Service: 1-800-359-1991 | State Relay 711

Health Insurance Buy-In Program (HIBI): https://www.colorado.gov/pacific/hcpf/health-insurance-buy-

program

HIBI Customer Service: 1-855-692-6442

#### FLORIDA - Medicaid

Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html

Phone: 1-877-357-3268

#### **GEORGIA** - Medicaid

GA HIPP Website: https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp

Phone: 678-564-1162, press 1

GA CHIPRA Website: <a href="https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-">https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-</a>

insurance-program-reauthorization-act-2009-chipra | Phone: 678-564-1162, press 2

#### INDIANA - Medicaid

Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/

Phone: 1-877-438-4479

All other Medicaid Website: https://www.in.gov/medicaid/ | Phone 1-800-457-4584

#### **IOWA - Medicaid and CHIP (Hawki)**

Medicaid Website: https://dhs.iowa.gov/ime/members | Medicaid Phone: 1-800-338-8366

Hawki Website: <a href="http://dhs.iowa.gov/Hawki">http://dhs.iowa.gov/Hawki</a> Hawki Phone: 1-800-257-8563

HIPP Website: https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp | HIPP Phone: 1-888-346-9562

#### **KANSAS - Medicaid**

Website: https://www.kancare.ks.gov/ | Phone: 1-800-792-4884

#### **KENTUCKY - Medicaid**

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP)

Website: <a href="https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx">https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</a> | Phone: 1-855-459-6328 | Email: <a href="https://kidshealth.ky.gov/Pages/index.aspx">KCHIP Website: <a href="https://kidshealth.ky.gov/Pages/index.aspx">https://kidshealth.ky.gov/Pages/index.aspx</a>

Phone: 1-877-524-4718 | Kentucky Medicaid Website: https://chfs.ky.gov

#### LOUISIANA - Medicaid

Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp

Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

#### **MAINE - Medicaid**

Enrollment Website: <a href="https://www.maine.gov/dhhs/ofi/applications-forms">https://www.maine.gov/dhhs/ofi/applications-forms</a>

Phone: 1-800-442-6003 | TTY: Maine relay 711

Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms

Phone: 800-977-6740 | TTY: Maine relay 711

#### MASSACHUSETTS - Medicaid and CHIP

Website: https://www.mass.gov/masshealth/pa | Phone: 1-800-862-4840 | TTY: 617-886-8102

#### MINNESOTA - Medicaid

Website: <a href="https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/">https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/</a> programs-and-services/other-insurance.isp | Phone: 1-800-657-3739

#### **MISSOURI - Medicaid**

Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm | Phone: 573-751-2005

#### MONTANA - Medicaid

Website: <a href="http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP">http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a> Phone: 1-800-694-3084 | email: <a href="http://dphhs.mt.gov">http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a>

#### **NEBRASKA - Medicaid**

Website: <a href="http://www.ACCESSNebraska.ne.gov">http://www.ACCESSNebraska.ne.gov</a>

Phone: 1-855-632-7633 | Lincoln: 402-473-7000 | Omaha: 402-595-1178

#### **NEVADA** – Medicaid

Medicaid Website: http://dhcfp.nv.gov | Medicaid Phone: 1-800-992-0900

#### NEW HAMPSHIRE - Medicaid

Website: <a href="https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program">https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program</a>

Phone: 603-271-5218 | Toll free number for the HIPP program: 1-800-852-3345, ext. 5218

#### **NEW JERSEY – Medicaid and CHIP**

Medicaid Website: <a href="http://www.state.nj.us/humanservices/dmahs/clients/medicaid/">http://www.state.nj.us/humanservices/dmahs/clients/medicaid/</a> |

Phone: 609-631-2392

CHIP Website: http://www.njfamilycare.org/index.html | CHIP Phone: 1-800-701-0710

#### **NEW YORK - Medicaid**

Website: https://www.health.ny.gov/health\_care/medicaid/ | Phone: 1-800-541-2831

#### **NORTH CAROLINA - Medicaid**

Website: <a href="https://medicaid.ncdhhs.gov/">https://medicaid.ncdhhs.gov/</a> | Phone: 919-855-4100

#### **NORTH DAKOTA - Medicaid**

Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/ | Phone: 1-844-854-4825

#### **OKLAHOMA - Medicaid and CHIP**

Website: <a href="http://www.insureoklahoma.org">http://www.insureoklahoma.org</a> | Phone: 1-888-365-3742

#### **OREGON - Medicaid**

Website: http://healthcare.oregon.gov/Pages/index.aspx or

http://www.oregonhealthcare.gov/index-es.html

Phone: 1-800-699-9075

#### PENNSYLVANIA - Medicaid

Website: <a href="https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx">https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx</a>

Phone: 1-800-692-7462

#### RHODE ISLAND - Medicaid and CHIP

Website: http://www.eohhs.ri.gov/ | Phone: 1-855-697-4347 or 401-462-0311 (Direct RIte Share Line)

#### **SOUTH CAROLINA - Medicaid**

Website: https://www.scdhhs.gov | Phone: 1-888-549-0820

#### **SOUTH DAKOTA - Medicaid**

Website: http://dss.sd.gov | Phone: 1-888-828-0059

#### **TEXAS - Medicaid**

Website: <a href="http://gethipptexas.com/">http://gethipptexas.com/</a> | Phone: 1-800-440-0493

#### **UTAH - Medicaid and CHIP**

Medicaid Website: <a href="https://medicaid.utah.gov/">https://medicaid.utah.gov/</a> | CHIP Website: <a href="http://health.utah.gov/chip">http://health.utah.gov/chip</a>

Phone: 1-877-543-7669

#### **VERMONT – Medicaid**

Website: <a href="http://www.greenmountaincare.org/">http://www.greenmountaincare.org/</a> | Phone: 1-800-250-8427

#### **VIRGINIA - Medicaid and CHIP**

Website: https://www.coverva.org/en/famis-select or https://www.coverva.org/en/hipp

Medicaid Phone: 1-800-432-5924 | CHIP Phone: 1-800-432-5924

#### **WASHINGTON - Medicaid**

Website: https://www.hca.wa.gov/ | Phone: 1-800-562-3022

#### WEST VIRGINIA - Medicaid and CHIP

Website: <a href="https://dhhr.wv.gov/bms/">https://dhhr.wv.gov/bms/</a> or <a href="https://mywvhipp.com/">http://mywvhipp.com/</a>

Medicaid Phone: 304-558-1700 | CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)

#### **WISCONSIN - Medicaid and CHIP**

Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm | Phone: 1-800-362-3002

#### WYOMING - Medicaid

Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/

Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since January 31, 2023, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

**Employee Benefits Security Administration** 

www.dol.gov/agencies/ebsa

1-866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

### **ACA DISCLAIMER**

This offer of coverage may disqualify you from receiving government subsidies for an Exchange plan even if you choose not to enroll. To be subsidy eligible you would have to establish that this offer is unaffordable for you, meaning that the required contribution for employee only coverage under our base plan exceeds 9.12% in 2023 of your modified adjusted household income.

### THE 'NO SURPRISES' RULES

The "No Surprises" rules protect you from surprise medical bills in situations where you can't easily choose a provider who's in your health plan network. This is especially common in an emergency situation, when you may get care from out-of-network providers. Out-of-network providers or emergency facilities may ask you to sign a notice and consent form before providing certain services after you're no longer in need of emergency care. These are called "post-stabilization services." You shouldn't get this notice and consent form if you're getting emergency services other than post-stabilization services. You may also be asked to sign a notice and consent form if you schedule certain non-emergency services with an out-of-network provider at an in-network hospital or ambulatory surgical center.

The notice and consent form informs you about your protections from unexpected medical bills, gives you the option to give up those protections and pay more for out-of-network care, and provides an estimate of what your out-of-network care might cost. You aren't required to sign the form and shouldn't sign the form if you didn't have a choice of health care provider or facility before scheduling care. If you don't sign, you may have to reschedule your care with a provider or facility in your health plan's network.

#### View a sample notice and consent form (PDF).

This applies to you if you're a participant, beneficiary, enrollee, or covered individual in a group health plan or group or individual health insurance coverage, including a Federal Employees Health Benefits (FEHB) plan.

## NOTES

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## NOTES

## CONTACTS

Benefit	Administrator	Policy   Group Number	Phone	Website	
Accident	Aflac	28255	800-433-3036	www.aflacgroupinsurance.com	
Basic Life	BlueCross BlueShield Dearborn	VF027652	877-442-4207	<u>bcbstx.com</u>	
Cancer	Aflac	28255	800-433-3036	www.aflacgroupinsurance.com	
COBRA	СРІ	N/A	866-241-0237	www.mycpiteam.com cpisupport@mycpiteam.com	
Critical Illness	Aflac	28255	800-433-3036	www.aflacgroupinsurance.com	
Dental	BlueCross BlueShield	94537	800-521-2227	<u>bcbstx.com</u>	
Disability	BlueCross BlueShield	VF027652	972-766-6900	<u>bcbstx.com</u>	
Employe Assistance Program	Guadalupe Regional Teddy Buerger Center	N/A	830-379-1010 800-246-1010	N/A	
FSA	СЫ	N/A	866-241-0237	www.mycpiteam.com cpisupport@mycpiteam.com	
Hospital Indemnity	Aflac	28255	800-433-3036	www.aflacgroupinsurance.com	
Medical	BlueCross BlueShield	94537	855-357-5228	<u>bcbstx.com</u>	
Prescriptions	Navitus Health Solutions	N/A	866-333-2757	www.county.org/Health- benefits/prescription-benefits	
Retirement Plans 457(b)	Corebridge	N/A	210-557-2079 800-448-2542	tommy.ortiz@ corebridgefinancial.com corebridgefinancial.com/ retirementservices	
Retirement Plans 457(b)	Nationwide	N/A	210-313-0436	wongj3@nationwide.com	
Retirement Plans	Texas County & District Retirement System	N/A	800-823-7782	www.TCDRS.org	
Vision	Avesis	10771-1584	855-214-6777 Customer Service 7:00am - 8:00pm EST 877-712-2010 LASIK 844-366-0039 TTY:711 Hearing	www.avesis.com	
Voluntary Life	BlueCross BlueShield Dearborn	VF027652	855-357-5228	<u>bcbstx.com</u>	

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